

Florida Atlantic University - Exercise Science and Health Promotion 2024-2025

Student must take 2 of the following courses, 1 must be from group A. The second course may be from group A or group B.

| Communication | |
|--|--|
| (Group A) | |
| ENC 1101 | College Writing I (Required) |
| (Group B) | |
| ENC 1102 | College Writing II + |
| ENC 1930 | University Honors Seminar in Writing + § |
| ENC 1939 | Special Topic: College Writing + |
| HIS 2050 | Writing History + |
| Humanities | |
| (Group A) | |
| ARH 2000 | Art Appreciation |
| HUM 2020 | Honors Introduction to Humanities § |
| LIT 2000 | Honors Introduction to Literature § |
| MUL 2010 | Music Appreciation |
| PHI 2010 & D | Introduction to Philosophy (WAC) ++ |
| THE 2000 | Theatre Appreciation |
| (Group B) | |
| ARC 2208 | Culture & Architecture |
| DAN 2100 | Appreciation of Dance |
| FIL 2000 & D | Film Appreciation |
| FIL 2000 | Honors Film Appreciation § |
| JST 2452 | Global Jewish Communities |
| LAS 2000 | Intro to Caribbean & Latin American Studies |
| LIN 2607 | Global Perspectives on Language |
| LIT 2010 | Interpretation of Fiction (WAC) ++ |
| LIT 2030 | Interpretation of Poetry (WAC) ++ |
| LIT 2040 | Interpretation of Drama (WAC) ++ |
| LIT 2070 | Inter of Creative Nonfiction (WAC) ++ |
| LIT 2100 | Introduction to World Literature |
| LIT 2931 | Special Topics in Lit (WAC) ++ |
| MUH 2121 | Music in Global Society |
| SPC 2608 | Public Speaking |
| WOH 2012 & D | History of Civilization 1 (WAC) ++ |
| WOH 2022 | History of Civilization 2 |
| Mathematics | |
| (Group A) | |
| MAC 1105 | College Algebra (Required) |
| MAC 2311 | Calculus with Analytical Geometry 1 (4 cr.) |
| MGF 1130 | Mathematical Thinking in Context 1 |
| STA 2023 | Introductory Statistics (Required) |
| <i>Or any mathematics course for which one of the above general education core course options in Mathematics is the direct prereq.</i> | |
| (Group B) | |
| COP 1031C | Comp. Programming & Data Literacy for Everyone (For Non-College Engineering & Computer Science majors) |
| MAC 1114 | Trigonometry # |
| MAC 1140 | Precalculus Algebra # |
| MAC 1147 | Precalculus Algebra & Trigonometry (4 cr.) |
| MAC 2210 | Intro Calculus w/Applications (4 cr.) (Permit Only) |
| MAC 2233 | Methods of Calculus |
| MAC 2312 | Calculus with Analytic Geometry 2 (4 cr.) |
| MAP 2491 | Mathematics for Biological Sciences 1 |
| MGF 1131 | Mathematical Thinking in Context 2 |
| PHI 2102 | Logic |
| Additional Enrichment (6 credits) - Choose 6 credits from Humanities, Social Science, or Natural Science | |
| (1) _____ | (2) _____ |

| Natural Science | |
|--|--|
| (Group A) | |
| BSC 1010 & L | Biological Principles (4 cr. w/Lab) |
| BSC 2085 & L | Anatomy & Physiology 1 (4 cr. w/Lab) (Required) |
| CHM 2045 & L | General Chemistry 1 (4 cr. w/Lab) ‡ (Required) |
| GLY 2010C & D | Physical Geol/Evolution of the Earth (4 cr. w/lab) |
| PHY 2048 & L | General Physics 1 (5 credits w/Lab) * |
| PHY 2053 & L | College Physics 1 (5 credits w/Lab) ** |
| <i>Or any course in the Nat Sci. for which one of the above general education core course options in Natural Science is the direct prerequisite.</i> | |
| ** NOTE: at least one science course must have a lab from Group A or B ** | |
| (Group B) | |
| BSC 1011 & L | Biodiversity (4 cr. w/Lab) |
| CHM 2032 & L | Chemistry for the Health Sci. (4 credits w/Lab) |
| <i>Additional science courses are required. Consult with your academic advisor. ☒</i> | |

| Social Sciences | |
|------------------|---|
| (Group A) | |
| AMH 2010 & D | United States History to 1877 ◊ |
| AMH 2020 & D | United States History Since 1877 ◊ (Recommended) |
| ANT 2000 & D | Introduction to Anthropology (WAC) |
| ECO 2013 | Macroeconomic Principles |
| POS 2041 | Government of the United States ◊ (Recommended) |
| PSY 1012 | Introduction to Psychology (Required) |
| (Group B) | |
| ANT 2410 | Culture and Society |
| CCJ 2002 | Law, Crime & the Criminal Justice System |
| DIG 2202 | Digital Culture |
| ECO 2023 | Microeconomic Principles |
| ECP 2002 | Contemporary Economic Issues |
| EDF 2854 | Educated Citizen in Global Context |
| EEX 2091 | Disability and Society |
| EME 2620 | Digital Literacy in a Globally Connected World |
| EVR 1110 | Climate Change: The Human Dimensions |
| EVR 2017 | Environment and Society |
| GEA 2000 | World Geography (Recommended) |
| INR 2002 | Introduction to World Politics |
| LIN 2001 | Introduction to Language (online) |
| MAR 2142 | Culture, Consumers, & the Global Mktplace |
| PAD 2081 | Risk Resilience and Rising Seas |
| PAD 2258 | Changing Env. of Soc., Bus., & Gov't |
| POT 2000 | Global Political Theory |
| SOW 1005 | Global Perspectives of Social Services |
| SYG 1000 | Sociological Perspectives |
| SYG 2010 | Social Problems |
| SYP 2450 | Global Society |
| URP 2051 | Designing the City |

Please review page 2 for the legend and general information regarding the major.

Student must take 2 of the following courses, 1 must be from group A. The second course may be from group A or group B.

| | |
|---------------|---|
| LEGEND | <ul style="list-style-type: none"> + ENC 1101 is a prerequisite ++ Two Communication courses are required before taking this course. § Reserved for Wilkes Honors College & University Honors Program students only. ◊ Please visit FAU's website regarding the Civic Literacy Requirements. (https://www.fau.edu/ugstudies/civic-literacy-requirement/) ‡ Co-requisite of MAC 1105 or a prerequisite of CHM 1025. * MAC 2311 is a prerequisite for this course. ** MAC 2233 is a prerequisite for this course. If a lab is needed, then take General Physics 1 lab (PHY 2048L). # The following courses are not offered at FAU but will fulfill this requirement if transferred from another school. <p>WAC Writing Across the Curriculum course – minimum grade of “C” required. Students must take four WAC courses</p> |
|---------------|---|

GENERAL EDUCATION PROGRAM FOR STUDENTS

NOTE: Honors Seminars SHALL BE ACCEPTED AS MEETING THE WAC/GRW REQUIREMENT. See the University Advising Services Office for details.

FOREIGN LANGUAGE (4-8 credits, 1 or more courses in the same language)- REQUIRED FOR MAJOR

(0 - 8 credits, 1 or more course in the same language) – Students with more than one year of a foreign language in high school should enroll in the second half of the beginners’ foreign language class (ARA/CHI/FRE/GER/HBR/ITA/JPN/LAT/SPN 1121) or a higher-level course. Proficiency for a first-level course can be earned by successfully

CREDIT SUMMARY

| | |
|--------------------|--|
| 38 cr | General Education |
| 7 - 9 cr | Free Electives (Foreign Language taken for BS count as electives) |
| 13 - 15 cr | Lower-Division College Requirements |
| 60 cr | Upper-Division Major Requirements |
| 120 Credits | TOTAL |

Exercise Science/Health Promotion majors are required to have a C or better in all ESHP and all required prerequisite courses.

Exercise Science/Health Promotion Major

Note: To be admitted into the Exercise Science/Health Promotion program, students must do the following:

- 1 Meet the General Admission Requirements
- 2 Earn a minimum of 2.0 or higher and complete 60 credit hours
- 3 Complete FAU's General Education Program or an AA degree from a Florida State University or College
- 4 Complete required ESHP prerequisites
- 5 Be programmed by an assigned advisor from the ESHP program

CONSULT THE DEPARTMENT FOR OTHER REQUIREMENTS, particularly regarding graduate school preparation

NOTE: See the catalog for specific requirements, course descriptions, and additional information. The requirements for some core curriculum & other courses may be satisfied by passing the appropriate AP or CLEP exam -- check with your advisor and college. Students who come with less than 60 credit hours must complete 9 credit hours of summer coursework either at FAU or another State University System Institution.

| MAJOR COURSES, COLLEGE REQUIREMENTS, AND ELECTIVES | |
|---|---|
| Exercise Physiology Track | |
| Lower Division Pre-Professional College Requirements (13-15 credits) | |
| BSC 2086 & L | Anatomy & Physiology II & Lab (4 credits) |
| ISM 2000 & L | Information System Fundamentals & L (3 credits) |
| HSC 2100 | Health & Fitness for Life (2 credits) |
| HSC 2400 | First Aid & CPR (2 credits) |
| PEM/PEN | Activity class with a PEM or PEN prefix (1-2 credits) |
| PEM/PEN | Activity class with a PEM or PEN prefix (1-2 credits) |
| PT/OT Track | |
| Lower Division Pre-Professional College Requirements (13-15 credits) | |
| BSC 2086 & L | Anatomy & Physiology II & Lab (4 credits) |
| MAC 2233 | Methods of Calculus (3 credits) |
| OR | |
| ISM 2000 & L | Information Systems Fundamentals (3 credits) |
| HSC 2100 | Health & Fitness for Life (2 credits) |
| HSC 2400 | First Aid & CPR (2 credits) |
| PEM/PEN | Activity class with a PEM or PEN prefix (1-2 credits) |
| PEM/PEN | Activity class with a PEM or PEN prefix (1-2 credits) |