

DAVID SIMPSON, PhD, LCSW (IL)

Assistant Professor of Social Work
Phyllis and Harvey Sandler School of Social Work
Florida Atlantic University

EDUCATION

- 2011 Ph.D., University of Illinois at Chicago
Major Field: Social Work
Dissertation: *Testing the Role of Coping Strategies on the Relationship between Family Risk and Anxiety Severity*
- 1999 M.S.S.A., Case Western Reserve University
Major: Social Work/Social Administration
Concentration: Child and Adolescent Mental Health
- 1996 B.B.A., University of Toledo
Major: Business Administration/Decision Sciences

ACADEMIC APPOINTMENTS

- 2023 **Assistant Professor of Social Work**
Phyllis and Harvey Sandler School of Social Work
Florida Atlantic University
- 2022-23 **Instructor of Social Work and Field Advisor**
Phyllis and Harvey Sandler School of Social Work
Florida Atlantic University
- 2020-22 **Associate Professor of Social Work**
Department of Social Work
Pacific Lutheran University
- 2016-20 **Assistant Professor of Social Work**
Department of Social Work
Pacific Lutheran University
- 2015-16 **Adjunct Faculty**
Jane Addams College of Social Work
University of Illinois at Chicago
- 2011-16 **Assistant Professor of Clinical Psychiatry and Social Work**

D. Simpson

Department of Psychiatry
Institute for Juvenile Research
University of Illinois at Chicago

TEACHING

Florida Atlantic University

SOW 3302 Profession of Social Work
SOW 4101 Human Behavior in the Social Environment I
SOW 4300 Social Work Practice I with Individuals
SOW 6611 Advanced Social Work Practice with Families

Pacific Lutheran University

SOCW 101/FYEP 190 Introduction to Social Work
SOCW 175/491 January Term on the Hilltop
SOCW 232 Social Work Research Methods (also as SOCI 232)
SOCW 387 Special Topic in Social Work: Trauma Informed Care with Youth and Families
SOCW 387 Special Topic in Social Work: Mental Health and Substance Use Interventions
SOCW 387/HGST 387 Genocide Memorialization and the Future of Rwanda (January 2018, study away course in Rwanda)
SOCW 387/HGST 387 ST: Rwanda and Trauma: From Genocide to Reconciliation
SOCW 460 Social Work Practice II, Families and Groups
SOCW 486 Field Experience Seminar II
SOCW 498/499 Senior Capstone
HGST 200 Introduction to Holocaust and Genocide Studies
NURS 655 Psychiatric Mental Health Nurse Practitioner Program: Family and Group Therapy Across the Lifespan

University of Illinois at Chicago, Jane Addams College of Social Work

SocW 565 Single Systems Design
SocW 586 Practice III: Mental Health

University of Illinois at Chicago, Institute for Juvenile Research/Department of Child Psychiatry
Research Practicum, Child Psychiatry Fellow Training Program

PROFESSIONAL/CLINICAL EXPERIENCE

2000-16 **Clinic Coordinator**
Pediatric Stress and Anxiety Disorders Clinic
Institute for Juvenile Research
University of Illinois at Chicago

2003-16 **Field Instructor**

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Social Work Training Program
Institute for Juvenile Research
University of Illinois at Chicago
Partnering with the Jane Addams College of Social Work's Evidenced Based
Certificate Program

2005-16 **Primary Investigator**
Risk Factors among Diverse Youth in an Urban Anxiety Clinic
Pediatric Stress and Anxiety Disorders Clinic
Institute for Juvenile Research
University of Illinois at Chicago

2009-16 **Program Evaluator**
Urban Youth Trauma Center
Institute for Juvenile Research
University of Illinois at Chicago

1999-2011 **Psychiatric Social Worker**
Department of Psychiatry
Institute for Juvenile Research
University of Illinois at Chicago

ADDITIONAL TEACHING EXPERIENCES

2007-16 **Clinical Workshop**
Cognitive-Behavioral Therapy with Children and Adolescents
Department of Social Work Training
Institute of Juvenile Research
University of Illinois at Chicago

2001-16 **Clinical Workshop**
Case Management with Children, Adolescents and Families in an Urban Mental
Health Setting
Department of Social Work Training/Institute of Juvenile Research
University of Illinois at Chicago

2002-16 **Clinical Workshop**
Anxiety Disorders
Department of Social Work Training
Institute of Juvenile Research
University of Illinois at Chicago

2008 **Guest Lecturer**
Practice IV: Health Care (Graduate Program)
Jane Addams College of Social Work
University of Illinois at Chicago

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- 2008 **Clinical Workshop**
Evidence Informed Treatment of Anxiety Disorders in Children and Adolescents
California Department of Mental Health, Metropolitan State Hospital
Norwalk, California
- 2006 **Guest Lecturer**
Practice III: Mental Health (Graduate Program)
Jane Addams College of Social Work
University of Illinois at Chicago
- 2005 - 06 **Guest Lecturer**
Practice IV: Health Care (Graduate Program)
Jane Addams College of Social Work
University of Illinois at Chicago

PEER REVIEWED PUBLICATIONS

- Simpson, D.**, Adam, M., Cooley, M., Stahnke, B., & Thompson, H. (in progress). Locus of control, coping and professional quality of life of therapeutic service providers.
- Barsky, A. & **Simpson, D.** (submitted). Impacts of Florida law restricting access to gender-affirming medical care. Submitted to *Journal of Gay & Lesbian Social Services*.
- Cooley, M. E., Asbury, K. L., Stahnke, B., Thompson, H. M., **Simpson, D.**, & Marcus Wheeler, R. (submitted). Vicarious trauma among therapeutic service providers: A mixed methods evaluation. Submitted to *Clinical Social Work Journal*.
- Merlon, L., **Simpson, D.**, Freeman-Costin, K., Hoermann, S., & Renne, J. (submitted). Driver vehicle crashes and mental health challenges among commuter students. Submitted to *Journal of Transport and Health*.
- Simms, J., **Simpson, D.**, Suarez, L., & Volpe, K. (submitted). Pathways of inequality: Impact of community violence on mental health outcomes among African American, Latinx, and white youth. Submitted to *American Journal of Community Psychology*.
- Lopez-Tamayo, R. Suarez, L., **Simpson, D.**, & Volpe, K. (2022). The impact of adverse childhood experiences and community violence exposure on a sample of anxious, treatment-seeking children. *Journal of Child and Adolescent Trauma*, 15, 1081-1093. <https://doi.org/10.1077/s40653-022-00447-4>
- Dinizulu, S. M., Suarez, L., **Simpson, D.**, & Abdul-Adil, J. (2019). Psychometric properties of the Community Violence-Prevention Activation Measure (CV-PAM): Evaluating provider activation toward community violence. *Journal of Community Psychology*, 48, 545-561. <https://doi.org/10.1002/jcop.22271>

- Simpson, D.**, Suárez, L., Cox, L., & Connolly, S. (2018). The role of coping strategies in understanding the relationship between parental support and psychological outcomes in anxious youth. *Child and Adolescent Social Work Journal*, *35*, 407-421. <https://doi.org/10.1007/s10560-018-0531-y>
- Affrunti, N., Suárez, L., & **Simpson, D.** (2018). Community violence and posttraumatic stress disorder symptoms in urban youth: The moderating influence of friend and parent support. *Journal of Community Psychology*, *46*, 636-650. <https://doi.org/10.1002/jcop.21963>
- Bunford, N., Kujawa, A., Fitzgerald, K., Swain, J., Hanna, G., Koschmann, E., **Simpson, D.**, Connolly, S., Monk, C., & Phan, K. L. (2017). Neural reactivity to angry faces predicts treatment response in pediatric anxiety. *Journal of Abnormal Child Psychology*, *45*, 385-395. <https://doi.org/10.1007/s10802-016-0168-2>
- Kujawa, A., Swain, J., Hanna, G., Koschmann, E., **Simpson, D.**, Connolly, S., Fitzgerald, K., Monk, C., & Phan, K. L. (2016). Prefrontal activation to social signals of threat as a predictor of treatment response in anxious youth. *Neuropsychopharmacology*, *41*, 1983-1990. <https://doi.org/10.1038/npp.2015.368>
- Levin-Decanini, T., Connolly, S., **Simpson, D.**, Suárez, L., & Jacob, S. (2013). Comparisons of behavioral profiles for children with selective mutism, anxiety, and comorbidities across multiple settings. *Depression and Anxiety*, *30*, 857-864. <https://doi.org/10.1002/da.22094>
- Simpson, D.**, Suárez, L., Connolly, S. (2012). Treatment and Outcomes for Anxiety Disorders among Children and Adolescents: A Review of Coping Strategies and Parental Behaviors. *Current Psychiatry Reports*, *14*, 87-95.
- Beidas, R.S., Suárez, L., **Simpson, D.**, Read, K., Wei, C., Connolly, S & Kendall, P. (2012). Contextual factors and anxiety in minority and European American youth presenting for treatment across two urban university clinics. *Journal of Anxiety Disorders*, *26*, 544-554.
- Simpson, D.** (2009). Adolescents with OCD: An integration of the transtheoretical model with exposure and response prevention. *Best Practices in Mental Health: An International Journal*, *5*, 14-28.

INVITED PUBLICATIONS

- Simpson, D.** & Hinojosa, V. (2024). Trauma informed practice for impacted children and families. In: G. Grumbach, J. Keller and Y. Jordan (Eds). *Child welfare from a culturally responsive applied approach in social work: Children and families first*. Springer.
- Hinojosa, V. & **Simpson, D.** (2024). Secondary traumatization and self-care for child welfare workers: Preventing burnout. In: G. Grumbach, J. Keller and Y. Jordan (Eds). *Child welfare from a culturally responsive applied approach in social work: Children and families first*. Springer.

D. Simpson

Connolly, S. D., **Simpson, D. A.**, & Petty, C. L. (2006) *Psychological disorders: Anxiety disorders*. New York: Chelsea House.

Simpson, D. A. (2002). Consumer benefits. In S. Connolly, T. Wright, P. Nierman, & A. Starin (Eds.), *Curriculum for mental health providers: Serving children, adolescents, and families in community settings in Illinois*. Chicago, IL: Illinois Department of Human Services, Office of Mental Health, University of Illinois at Chicago.

PEER REVIEWED PRESENTATIONS

Cox, L. & **Simpson, D.** (October, 2019). Supporting the need for more evidence-based training in MSW programs. Poster presented at the Council on Social Work Education, 65th Annual Program Meeting, Denver, CO, October 2019.

Simpson, D., King-Peterson, D., & Suárez, L. (March, 2019). Trauma exposure and internalizing symptoms in anxious youth: The role of coping suppression. In L. Suárez, Chair, Contextualizing the impact of community violence exposure on treatment seeking youth residing in urban and border settings. Paper presented at the Anxiety and Depression Association of America, 39th annual conference, Chicago, IL.

Simpson, D., Suárez, L., & Connolly, S. (November, 2017). Community violence exposure and coping resources among anxious urban youth: Exploring the role of economic disadvantage. Poster presented at the International Society for Traumatic Stress Studies 33rd annual meeting, Chicago, Illinois.

Cox, L., Suárez, L., **Simpson, D.**, & Abdul-Adil, J. (September 2017). Differences in systematic barriers, use of evidence-based tools, and attitudes towards integrated care among university- versus community based clinicians. Poster presented at the 7th Annual Department of Psychiatry, University of Illinois at Chicago, Research Extravaganza. Chicago, Illinois.

Simpson, D., Suárez, L., Lewis, K., MacGregor, C., Hennelly, M., & Connolly, S. (November, 2015). Parenting practices and coping among anxious youth with and without trauma exposure: Exploring the role of adversity. In L. Suárez, Chair, Mechanisms of change for addressing trauma and co-occurring problems in urban youth: Application for conceptualization, intervention, and dissemination. Paper presented at the Association for Behavioral and Cognitive Therapy 49th annual convention, Chicago, IL.

Suárez, L., **Simpson, D.**, Abdul-Adil, J., Lewis, K., Cherry, K. (November, 2015). Attitudinal and systematic predictors of clinician use of evidence based practices to address traumatic stress and substance use among adolescents. In L. Suárez, Chair, Mechanisms of change for addressing trauma and co-occurring problems in urban youth: Application for conceptualization, intervention, and dissemination. Paper presented at the Association for Behavioral and Cognitive Therapy 49th annual convention, Chicago, IL.

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- Floyd, A., Cherry, K., Suarez, L., Abdul-Adil, J. & **Simpson, D.** (November 2015). Neighborhood differences in violence exposure and provider use of trauma-informed practices with urban youth. Poster presented at the Association for Behavioral and Cognitive Therapy 49th annual convention, Chicago, IL.
- Lewis, K., Floyd, A., **Simpson, D.** & Suárez, L. (November, 2015). School- based provider activation and efficacy of trauma informed care for youth. Poster presented at the 20th Annual Conference on Advancing School Mental Health, New Orleans, LA.
- Simpson, D.**, Hamm, L., Suárez, L., & Phan, K. L. (October 2014). A look at symptom severity and its relationship to avoidance following treatment. Poster presented at the 5th Annual Department of Psychiatry, University of Illinois at Chicago, Research Extravaganza. Chicago, Illinois.
- Suárez, L., Connolly, S., & **Simpson, D.** (March 2014). Listening to youth who overcome panic disorder and PTSD: Individual, family, and treatment factors impacting outcomes for anxious youth with complex needs. Presentation presented at the Anxiety and Depression Association of America Annual Conference, Chicago, IL.
- Simon, C. D., Suárez, L. M., Abdul-Adil, J. K., Kramer-Kuhn, A. M. & **Simpson, D. A.** (November 2013). Adapting to adversity: Provider attitudes toward integrated treatment for community violence survivors. Poster presented at the Annual Midwest Ecology Conference, Chicago, IL.
- Palcan, M, **Simpson, D.**, Lopez-Tamayo, R., Skerrett, K., Connolly, S., & Suárez, L. (September, 2013). The effects of ethnicity and family status on avoidance coping strategies in anxious youth. Poster presented at the 4th Annual Department of Psychiatry, University of Illinois at Chicago, Research Extravaganza. Chicago, Illinois.
- Beidas, R., Suárez, L., **Simpson, D.**, Connolly, S., & Kendall, P. (2011, November). *Characteristics of anxious youth presenting for treatment: Similarities and differences between a university research clinic, RCT, and outpatient medical center.* Paper presented at the 45th annual convention of the Association of Behavioral and Cognitive Therapies. Toronto, Ontario (Canada).
- Heinz, A.J., Beidas, R., Suárez, L., Martinez, W., **Simpson, D.**, Woods, B., & Braun, A. (2011, November). *Therapist attitudes about integrated care for traumatic stress and substance abuse: Instrument development and implications for practice.* Paper presented at the 45th annual convention of the Association of Behavioral and Cognitive Therapies. Toronto, Ontario (Canada).
- Martinez, W., Suárez, L., **Simpson, D.**, & Connolly, S. (2011, November). *Parental and youth anxiety symptoms: The moderating roles of family functioning and socioeconomic status.* Poster presented at the 45th annual convention of the Association of Behavioral and Cognitive Therapies. Toronto, Ontario (Canada).

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- Levin-Decanini, T., Connolly, S., **Simpson, D.**, Suárez, L., & Jacob, S. (2011, October). *Children with selective mutism have greater impairments in social behavior than those with mixed anxiety or co-morbid anxiety and ADHD*. Poster presented at the American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Joint Annual Meeting. Toronto, Ontario (Canada).
- Rodriguez, N., Suárez, L., **Simpson, D.**, & Connolly, S. (2011, October). *Impact of parental anxiety disorders on children with selective mutism*. Poster presented at the American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Joint Annual Meeting. Toronto, Ontario (Canada).

Simpson, D., Suárez, L. M., & Connolly, S. D. (2010, September) *Testing the factor structure and validity of the Children's Coping Strategies Checklist in a sample of anxious youth*. Poster presented at the first annual University of Illinois at Chicago, Department of Psychiatry Research Extravaganza, Chicago, Illinois.

Simpson, D., Suárez, L. M., & Connolly, S. D. (2007, October). *Comorbidity, Gender, and Marital Status: Coping Strategies of Anxious Youth*. Poster presented at the annual conference of the American Academy of Child and Adolescent Psychiatry, Boston, Massachusetts.

Graczyk, P. A., Connolly, S. D., Sweiss, L., **Simpson, D. A.**, & Gross, I. M. (2005, October). *Perceived Social Support by Youth with Anxiety Disorders*. Poster presented at the annual conference of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.

INVITED PRESENTATIONS

Simpson, D. (2019, February). *Trauma, Reconciliation, and Education in Contemporary Rwanda*. Presentation delivered at the Rowan Center for Holocaust & Genocide Studies, Rowan University, Glassboro, NJ.

Simpson, D. (2010). *A Dissertation: Lessons Learned about Families, Coping, Anxiety, Research, and Life*. Presentation delivered at the Intellectual Exchange Discussion at the University of Illinois at Chicago, Department of Psychiatry, Institute for Juvenile Research.

FUNDED RESEARCH

2024-Present **Primary Investigator**
College of Social Work and Criminal Justice Seed Funds
Florida Atlantic University
Evaluating the Initial Acceptability and Feasibility of a Trauma-Informed Training for High School Students in a Mental Health Academy Program
\$15,000

PREVIOUSLY FUNDED RESEARCH

- 2017-18 **Benson-Starkovich Faculty Development Grant**
Office of the Provost
Pacific Lutheran University
\$1,596.18
- 2017-18 **S. Erving Severtson Research Fellowship**
Forest Foundation Undergraduate Research Program
Division of Social Sciences
Pacific Lutheran University
\$1100.00 – Faculty; \$2500.00 – Student
- 2012-16 **Program Evaluator**
SAMHSA/National Child Traumatic Stress Network
Treatment Collaborative for Trauma and Violence
Department of Psychiatry
Institute for Juvenile Research
University of Illinois at Chicago
Co-PI: Jaleel Abdul-Adil, PhD and Liza Suarez, PhD
- 2013-16 **Program Evaluator**
SAMHSA/National Child Traumatic Stress Network
Unifying Neighborhoods in Trauma Effectiveness (UNITE)
Department of Psychiatry
Institute for Juvenile Research
University of Illinois at Chicago
Co-PI: Jaleel Abdul-Adil, PhD and Liza Suarez, PhD
- 2011-15 **Co-Investigator**
National Institute of Health
Brain Markers of Anxiety Disorders and SSRI/CBT Treatment in Children and
Adolescents
Department of Psychiatry
Institute for Juvenile Research
University of Illinois at Chicago
PI: K. Luan Phan, MD
- 2009-13 **Program Evaluator**
SAMHSA/National Child Traumatic Stress Network
Urban Youth Trauma Center
Department of Psychiatry
Institute for Juvenile Research
University of Illinois at Chicago
Co-PI: Liza Suarez, PhD and Jaleel Abdul-Adil, PhD

STUDENT RESEARCH MENTORING EXPERIENCE

- 2021 Liu, H. (2021). Reliability and validity testing of the Nurse Engagement at Work Questionnaire – V1. Doctor of Nurse Practice, Final Thesis. Pacific Lutheran University
- 2020 Eilers, K. (2020). Impact of ACE score and family functioning on juveniles while incarcerated. Doctor of Nurse Practice, Final Thesis. Pacific Lutheran University
- 2019 Yant, C. (2019). Seeking connection: Exploring identity, mental illness, and help-seeking behaviors in college freshman. Doctor of Nurse Practice, Final Thesis. Pacific Lutheran University
- 2015 Cardenas, A., Cho, R. & Roberson, T. (2015). Influence of race and ethnicity on psychiatric diagnoses in children. Presentation given at the Institute for Juvenile Research, Intellectual Exchange.
- 2014 Florescu, L, Arora, G. & Al-Sarraf, S. (2014). Exploring the relationships between parenting, school performance, and anxiety in a sample of anxious children. Presentation given at the Institute for Juvenile Research, Intellectual Exchange.
- 2013 Maydell, R., Kantamneni, A. & Simmons, S. (2013). Lithium, suicide, and impulsivity in pediatric bi-polar disorder. Presentation given at the Institute for Juvenile Research, Intellectual Exchange.
- 2012 Tronshaw, N., Vermani, A., Singh, D., Hinojosa, F. (2012). Frequency of stigmatizing attitudes among parents of pediatric patients: Link to mental health treatment. Presentation given at the Institute for Juvenile Research, Intellectual Exchange.
- 2011 Woods, S., Abbas, H., Makki, M., & Sagar, A. (2011). Predictors of utilization of sleep medication for youth in state custody. Presentation given at the Institute for Juvenile Research, Intellectual Exchange.
- 2007 Leone, C. (2007). An analysis of the association of ethnicity and specific anxiety symptoms in clinically referred children. Research completed as required for the Honors Thesis at the University of Illinois at Chicago, Jane Addams College of Social Work.

SERVICE

Service to Florida Atlantic University

- 2022-present MSW Application Review Committee
2022-2023 Field Advisor

D. Simpson

Service to Pacific Lutheran University

2018-22 Chair, Department of Social Work
2021 Search Committee Chair, Tenure Track Associate Professor of Social Work
2017-22 Human Participants Review Board (IRB) – Unit Designee
2016-22 Holocaust and Genocide Studies Minor Committee
2019 Rae Linda Brown, Student Research Symposium Abstract Reviewer
2018-19 Benson-Starkovich Grant Application Reviewer
2017-19 Regents' Scholarship Interviews
2019 ACT 6 Finalist Interviews
2016-17 Queer Student Retreat – Faculty Support

Service to the Institute for Juvenile Research

Social Work Training Program Faculty
Quality Improvement Committee
Child Psychiatry Training Program Faculty
Child Psychology Training Program Faculty

Service to the Profession

Ad hoc Reviewer Journal of HIV/AIDS & Social Services
Ad hoc Reviewer Journal of Affective Disorders
Ad hoc Reviewer Journal of Child and Family Studies
Ad hoc Reviewer Journal of Child & Adolescent Mental Health
Ad hoc Reviewer Critical Social Work

PROFESSIONAL ORGANIZATIONS

National Child Traumatic Stress Network
Anxiety and Depression Association of America
Association for Behavioral and Cognitive Therapies
Council on Social Work Education