

Keith A. Platt

CURRICULUM VITAE

Dr. Keith A. Platt, LCSW; ACSW; DCSW
Florida Atlantic University
College of Social Work & Criminal Justice
Phyllis and Harvey Sandler School of Social Work

Education:

August 2013 to May 2016 **University of Tennessee**
 Doctor of Social Work
Opioid Craving Mediates the Relationship between Trait Mindfulness and Opioid Misuse

June 1989 to April 1990 **Florida State University**
 Master of Social Work

August 1986 to April 1989 **Florida Atlantic University**
 Bachelor of Social Work

August 1983 to December 1985 **Palm Beach State College**
 Associate of Arts (Psychology)

Credentials:

April 2016 **Qualified Marriage & Family Supervisor**
 State of Florida

October 2008 **Qualified Clinical Social Work Supervisor**
 State of Florida

November 1998 **Diplomate in Clinical Social Work**
 National Association of Social Workers

June 1996 **Academy of Certified Social Workers**
 National Association of Social Workers

August 1993 **Licensed Clinical Social Worker**
 State of Florida

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Academic Appointments:

- 2024 Florida Atlantic University
University Instructor
- Teach graduate level (MSW, DSW) practice courses
 - Develop new graduate courses
 - Serve on committees
 - Serve as Phi-Alpha advisor
- 2017-Present **Florida Atlantic University**
Senior Instructor
- Taught graduate level (MSW, DSW) practice courses
 - Develop new graduate courses
 - Serve on committees
 - Serve as Phi-Alpha advisor
- 2008-2016 **Florida Atlantic University**
Field Faculty
- Taught BSW and MSW seminar classes
 - Managed students in field placement sites
 - Coordinated external field sites in four counties
 - Recruited new field sites for field coordinator
 - Developed curriculum changes as needed by CSWE
- 2000-2008 **Florida Atlantic University**
Instructor
- Taught various BSW and MSW classes
 - Served on various committees in department
 - Developed new courses as needed

Practice Experience:

- 1993-2003 **Private Psychotherapy Practice**
Licensed Clinical Social Worker
- Counseled individuals, couples, groups, and families
 - Maintained client records as required by law
 - Supervised a registered intern
 - Treated trauma, substance use, sexual orientation, and transgendered issues

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Publications:

Platt, K. A. (2018). Mindfulness and self-compassion based interventions for substance use disorders: A literature review. *Journal of Social Science Research*, 12(1), 2619–2633. <https://doi.org/10.24297/jssr.v12i1.7298>

Priddy, S. E., Hanley, A. W., Riquino, M. R., **Platt, K. A.**, Baker, A. K., & Garland, E. L. (2018). Dispositional mindfulness and prescription opioid misuse among chronic pain patients: Craving and attention to positive information as mediating mechanisms. *Drug and Alcohol Dependence*, 188, 86–93. <https://doi.org/10.1016/j.drugalcdep.2018.03.040> Role: Data Analysis

Kane, M. N., Jacobs, R. J., **Platt, K.**, Sherman, D., & DeRigne, L. A. (2017). Attributions about mindfulness and religion among University Students. *Journal of Spirituality in Mental Health*, 20(1), 51–69. <https://doi.org/10.1080/19349637.2017.1314208> Role: Literature Review

Peer-Reviewed Presentations:

National:

Platt, K, Brown, G., & Ambris, E. (October, 2011). *Bridging the Gap: MSW concentration curriculum as preparatory experience for professional practice* [Curriculum presentation]. CSWE, Washington, DC.

Platt, K. Amy, B. & Ambris, E. (October, 2010). *An analysis of a strength-based approach to the student review process* [Poster presentation]. Council on Social Work Education, Tampa, Florida.

Regional:

Platt, K. (June, 2022). *Mindfulness-Based interventions in substance use disorder: Newer evidence of relapse prevention* [Paper presentation]. NASW, Orlando, Florida.

Invited Presentations:

Regional:

Platt, K. (May, 2019). *Mindfulness-Based interventions in substance use disorder: Evidence of relapse prevention*. [Paper presentation], United Way of Broward, Ft. Lauderdale, Florida.

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Teaching Experience:

Undergraduate Teaching Experience:

Profession of Social Work
 Social Welfare: Policy and Provision
 HBSE I (macro social theory)
 HBSE II (lifespan developmental theory)
 Practice I (practice with individuals)
 Practice II (practice with groups and families)
 Practice III (practice with organizations and communities)
 Research Methods and Social Work Practice
 Field Education in Social Work - Integrative Seminar
 Minority Issues and Social Work Practice*
 Gay and Lesbian Issues in Social Work*
 Evidence Based Diversity Practice in Social Work*

Graduate Teaching Experience

HBSE 1* (advanced macro social theory)
 Advanced Theory and Practice with Adults*
 Foundation Year Integrative Seminar I and II
 Advanced Year Integrative Seminar I and II*
 Social Work Practice with Families*
 Social Work and Trauma*
 Psychopathology and Social Work Practice*

Doctoral Teaching Experience

Epistemology and Social Work Practice*
 Interpersonal Neuroscience and Social Work Practice*
 Evidence Based Theory and Evidence Informed Practice with Individuals*

* Denotes either a substantial reworking of the course or development of a new course.

Student Advising / Capstones Committee Work:

Author	Title	Year Grad	Role
Marcus, Rebecca	A Qualitative Examination of Clinical Social Worker's Use of Self.	Fall 2020	Committee Chair
Adams, Phoenix	The Impact of Residential Treatment on Family Members of Persons with Substance Use Disorder: A Mixed Methods Study.	Spring 2019	Committee Chair

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Service:**School:**

Service Dates	Committee	Role
2017-2023	Non-Tenure Track Committee	Chair
2019-2023	DSW Committee II	Member
2015-2023	Evaluation Committee	Member
2010-2023	Heart of Social Work Event	Faculty Guest
2010-2023	Phi Alpha	Advisor Inductions in Spring
2000-2023	Faculty Meetings	Faculty Member
2000-2023	MSW Induction Event	Faculty Usher
2000-2023	Retain LCSW (30 CEU's every two years)	Licensed Clinical Social Worker
2015-2022	Search Committee	Member
2019-2020	Two DSW Student Committees	Chair
2016-2017	Evaluation Committee	Chair
2015-2018	DSW Committee I	Member
2013	Lobby Day	Faculty Advisor
2010	Field Newsletter	Field faculty
2008-2016	Field Committee/Work	Field Faculty
2007-2007	Created Manual of 7 BSW Courses for Adjuncts	Faculty Member
2006-2008	Alumni Coordinator	Faculty Advisor
2005-2008	BSW Committee	Member
2003-2005	Practice/Field Committee	Member
2002-2003	CSWE Prep Work	Faculty
2001-2005	Ethics Committee	member

College:

2021-2023	Non-Tenure Track Committee	Member
2000-2023	Faculty Meetings	Faculty Member
2016-2016	Did College Connect Event	Faculty

University:

2015-2023	True Blue Giver	Donor
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2000-2023	Graduations in Fall & Spring	Faculty Member
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Profession:

2010-2023	CSWE	Member
2006-2008	Suncoast MH Center	Board Member
2000-2023	NASW	Member

Professional Development:**Continuing Education (2018-2023):**

Semester	Title of Training	Contact Hours
Spring 2023	Prevention of Medical Errors	2
Spring 2023	Ethics & Telemental Health	3
Spring 2023	Telemental Health Practice	6
Spring 2023	Human Sexuality	10
Spring 2023	Burnout & Wellness in Social Workers	3
Spring 2023	Sleep Disorders II: Adults	4
Summer 2022	Ethics and Boundary Issues	5
Summer 2022	Spousal or Partner Abuse: Intervention Strategies	2
Spring 2021	Practice with Diverse Populations: Tools for Cultural Competence	2
Spring 2021	Supervision: A Guide for MH Professionals	6
Spring 2021	Medications for Opioid Use Disorder	3
Spring 2021	Clinical Supervision of the SUD Counselor	6
Summer 2021 4/27/21 to 7/4/21	Interpersonal Neuroscience Training Online https://mediros.thinkific.com/bundles/core-units	25
Fall 2020	Improving Cultural Competence I, II, & III	5
Fall 2020	Preventing Medical Errors in MH settings	2
Fall 2020	Ethics and Boundaries	3
Spring 2019	Florida Laws and Rules	3
Spring 2019	Clinical Supervision: Legal and Ethical Issues	4
Fall 2018	Managing Depression in SUD Clients During Early Recovery	10
Spring 2018	Interpersonal Mindfulness: Cultivating Presence in Relationships	16
Fall 2016	Clinical Supervision and Professional Development of the Substance Abuse Counselor	8
Fall 2016	Motivational Interviewing	5
Fall 2016	Florida Laws and Rules Update	3

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Fall 2016	Preventing medical Errors: Best Practices for MH Professionals	3
Fall 2016	Ethics and Boundaries	3
Fall 2016	Issues in Domestic Violence: Introduction and Theories	1
Fall 2016	Issues in Domestic Violence: The Effects	1
Fall 2015	Florida's Premier Behavioral Conference	6
Fall 2014	DSM-5: A Comprehensive Overview	10
Spring 2014	Co-Occurring Disorders: Substance Related and Mental Disorders	5
Spring 2014	Challenges in Using Opioids to Treat Pain in Persons with Substance Use Disorders	2
Spring 2014	Methamphetamine Abuse and Addiction	1
Spring 2014	Prescription Drugs: Abuse and Addiction	1
Spring 2014	Tobacco Addiction	1
Spring 2014	Marijuana Abuse	1
Spring 2014	Therapeutic Community	1
Spring 2014	Hallucinogens and Dissociative Drugs	1
Spring 2014	Heroin Abuse and Addiction	1
Spring 2014	Cocaine Abuse and Addiction	1
Spring 2014	Mental Health Parity Act of 2008	1
Spring 2014	Clients with Substance Use and Eating Disorders	1
Spring 2014	Drug Abuse Among Hispanics: Evidence-Based Practice	1
Spring 2014	Ethics and Boundaries	3
Spring 2014	Preventing Medical Errors: Best Practices for MH professionals	3
Spring 2013	Finding Balance after the War Zone: Considerations in the Treatment of Post-Deployment Stress Effects	8
Spring 2013	The Iraq War Clinician	6
Spring 2013	Assessment- Based Treatment of Post-Traumatic Stress Disorders	1
Spring 2013	Evidence- Based Guidelines for Treatment of Post-Traumatic Stress	18
Spring 2013	Preventing Medical Errors	2
Spring 2013	Ethics and Boundaries in Psychotherapy	3
Fall 2010	Counseling Military Families: What Mental Health Professionals Need to Know	6
Spring 2010	PTSD Treatment II: Group and Family Therapy	2
Spring 2010	PTSD I: CBT, Neurobiology, and Pharmacotherapy	3
Spring 2010	PTSD Vicarious Traumatization: Towards Recognition and Resilience-Building	2

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Spring 2010	Combat-Induced PTSD	3
Spring 2010	Ethical Dilemmas: An Interactive Discussion	1
Spring 2010	Post-Traumatic Stress Disorder	6
Spring 2010	Domestic Violence II: Intimate Partner Violence	2
Spring 2010	Preventing Medical Errors	2
Spring 2010	Ethics and Boundaries in Psychotherapy	3
Fall 2008	Field Instructor Supervisory Training	16
Fall 2008	NASW Investment Day	5.5
Spring 2007	Preventing Medical Errors	2
Spring 2007	Ethics and Boundaries in Psychotherapy	3
Spring 2007	Therapy Strategies for Treating Sexually Abused Boys	10

Professional Affiliations:

2014-2016	Florida Field Consortium (president)
1996-Present	Academy of Certified Social Workers
1988-Present	National Association of Social Workers

Honors and Awards:

2011-2012	Exceptional Faculty Award--Florida Atlantic University
June 1989	Graduate Fellowship, School of Social Work, FSU
November 1989	Inducted Phi Alpha (Alpha Chapter), FSU