



Exercise Science and Health Promotion Department
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To: Interested Individuals
From: ESHP Department
Re: Price List for Fitness Assessments
Date: January 22, 2013

Body Composition:

Underwater weighing:	\$90.00
Bod Pod:	\$65.00
Skinfolds:	\$20.00
Ultrasound (scan):	\$50.00

Resting Metabolic Rate (RMR): \$140.00

VO₂max Test: \$250.00 (lactate, \$50.00; VO₂max, \$200.00)

Submaximal Test: \$150.00

Wingate (anaerobic): \$80.00

Call the main office for an appointment, 561-297-2938.

Group prices are available: 3 to 5 people, 10% off
More than 5 people, 20% off