



# Hoot Loot Catalog

Prices and availability subject to change



Owls Care Health Promotion



# Assorted Fidget Toys

Pick from our assortment  
of various fidget toys!



**2 for \$1**

# Cell Phone Wallets

Stick this to the back of your  
phone and never leave your  
house without your ID, Owl Card,  
or debit card again!



**\$1**

**\$1**



## **Owls Care Sleep Masks**

Help yourself get a better night's sleep by picking up an Owls Care branded sleep mask!



# Spork

Having a meal that requires both a spoon and a fork? No worries, the reusable spork saves the hassle of bringing both!

**\$1**



# Bath Bombs

Take some time to relax from studying by using a bath bomb!



**\$1**



**\$2**



## Ice Pack

Keep your food cold all day long with a cute owl ice pack that fits perfectly in our Healthy Owls Lunchbox!

## Fluffy Non-Slip Socks

These warm and fuzzy socks are the perfect addition to your self-care routine!



**\$2**



**\$2**

## Owl Stress Ball

Relieve some stress with these cute owl stress balls!

## Resistance Bands

Enhance your stretch and workout by using a resistance band!



**\$2**





**\$2**

## Poncho Ball

Stay dry with this keychain poncho ball! Inside this ball is a poncho that can be clipped right onto your backpack or keychain!

## Cold & Flu Kit

Feeling under the weather? We've got you covered with our on-the-go Flu kits!



**\$3**





**\$3**

# Hippo Speaker

Amplify your music with our hippo speaker! Just play your favorite song and insert your phone.

**\$3**

# Balanced Plate

Building a balanced meal just got easier! Fill each of these areas with your favorite protein, grains, fruits, and veggies.



**\$4**



## Blue Light Glasses

Spending long hours on the computer or your phone? These glasses are great for blocking out harmful blue lights that our tech gives off!

## Head Massager

This head massager provides deep relaxation and helps reduce stress. It can be used on your scalp, joints, ankles, and elbows.



**\$4**



\$4

# Umbrella

Avoid the South Florida rainstorms by using this healthy owls umbrella!





**\$4**



## Plastic Cups

Take home these Owls Care cups for staying hydrated!

The clear cup turns red when it gets cold!

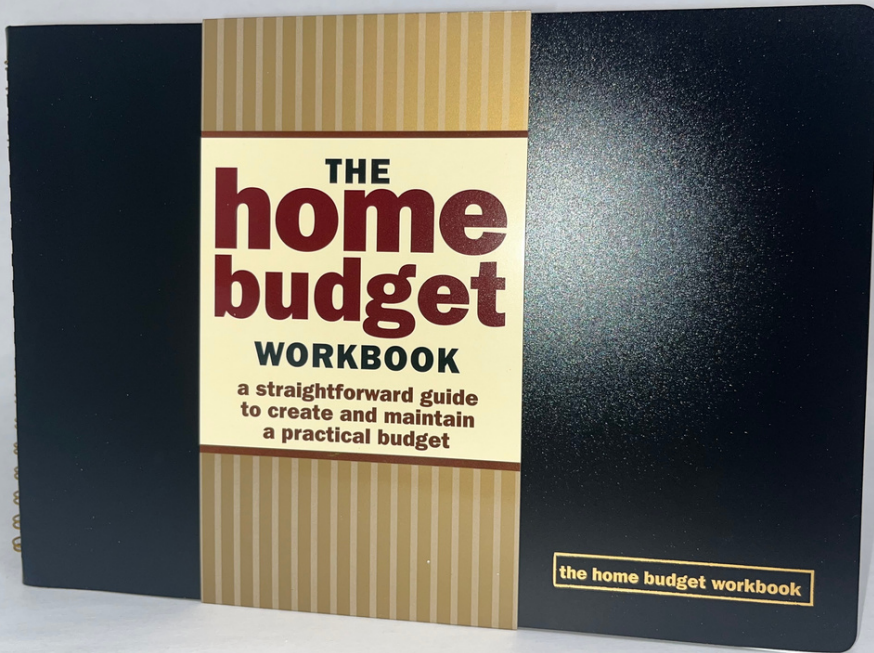
**\$4**

## Budgeting Notebook 1

Track how much you spend by using this cute booklet!



**\$4**



## Budgeting Notebook 2

Track how much you spend by using this cute booklet!

## Owls Care Sports Water Bottle

This plastic water bottle is perfect for high intensity activity, especially when you need hydration ASAP.

**\$4**





## Pillowcase

Stress Less and  
sleep better with this  
pillowcase!

Measures: 21" x 33"

**\$5**

**STRESS LESS,  
SLEEP BETTER**

OWLS CARE HEALTH PROMOTION  
FLORIDA ATLANTIC UNIVERSITY®

**\$6**



## Lunch Box

Toss your balanced  
meals in a lunch box so  
you are always prepared  
even when you are on  
the go!



# Yoga Mat

This lightweight yoga mat is easy to store and carry, while cushioning hands, knees, and feet while you find and enjoy movement!

Measures: 68" x 24" x .12"



\$6



\$7

# HoMedics Hand-Held Massager

This massager helps to penetrate deep into sore muscle, stimulate blood flow, and promote healing.

# Travel Mug

Take your hot/cold beverages stay the same temperature on the go!

\$8



\$8



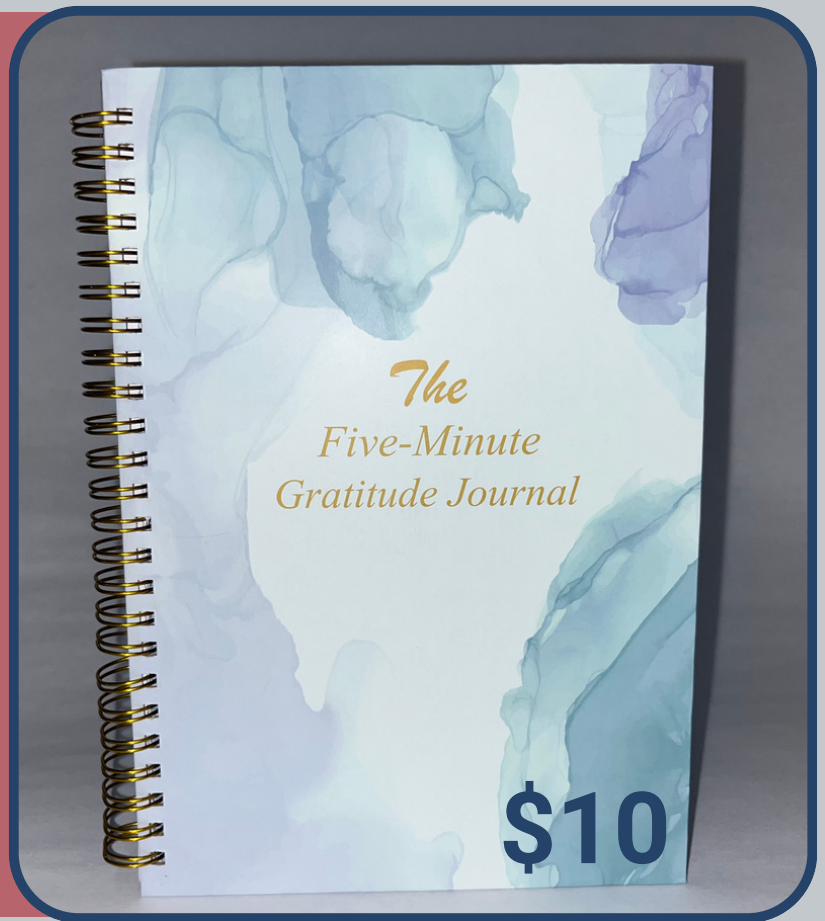
# Poncho

Stay dry during those South Florida afternoon showers!



# Gratitude Journal

Try this guided journal for reflection.



# Mindfulness Journal

Practice mindfulness with this guided journal!



# Water Filter

Enjoy filtered, clean water with this water pitcher! Holds up to 6 cups of water



**\$15**



**\$12**

# Menstrual Cup Kit

Menstrual cups are a great alternative to traditional tampons or pads!

# Weighted Blanket

Enjoy this 15 lb gray  
weighted blanket!



**\$25**

**\$35**



# Owls Care Hoodie

Stay warm in your  
cold classrooms with  
our Owls Care  
hoodies!