



# ALCOHOL OVERDOSE



## CHECK

IF SOMETHING  
LOOKS/FEELS OUT OF  
PLACE, IT PROBABLY IS



UNCONSCIOUS  
COLD AND CLAMMY SKIN  
SLOW OR IRREGULAR  
BREATHING  
HYPOTHERMIA  
PALE, BLUE NAIL BEDS

## CALL

WHEN A PERSON IS  
EXHIBITING SIGNS OF  
ALCOHOL OVERDOSE,  
ALWAYS CALL FOR HELP

## ALCOHOL MEDICAL AMNESTY POLICY

IF YOU OR A FRIEND ARE IN NEED OF  
MEDICAL ATTENTION AS A RESULT OF  
ALCOHOL CONSUMPTION, YOU MAY  
NOT BE SANCTIONED FOR CALLING  
FOR HELP

## CARE

### THE RECOVERY POSITION

1. RAISE THE ARM THAT IS CLOSEST TO YOU ABOVE THEIR HEADS. PREPARE TO ROLL THEM TOWARDS YOU
2. GENTLY ROLL THEM TOWARD YOU, GUARDING THEIR HEAD FROM HITTING THE FLOOR. THE HEAD SHOULD REST IN FRONT OF THE ARM, NOT ON IT
3. TILT THE HEAD UP TO MAINTAIN THE AIRWAY. TUCK THEIR NEAREST HAND UNDER THE CHEEK TO HELP MAINTAIN HEAD TILT AND RAISE FACE OFF THE FLOOR
4. CHECK ON THEM OFTEN





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**CARE**

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AMNESTY POLICY**

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**OVERDOSE**

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