



## **American Academy of Nursing Designates 11 Nurse Leaders as “Edge Runners” at its 2017 Policy Conference in Washington, DC**

*Innovators have Designed Models of Care that Improve Health, Impact Policy and Lower Costs*

**Washington, DC (October 6, 2017)** --The American Academy of Nursing recognized 11 nurse leaders as Edge Runners today at its annual policy conference. One of the Academy’s signature initiatives, the *Raise the Voice* Edge Runner program recognizes nurses who have designed innovative models of care or interventions that improve health, impact policy, and demonstrate successful financial outcomes.

“Edge Runners are practical innovators who see beyond the status quo and dare to employ new and creative methods to solve health challenges,” said Academy President Bobbie Berkowitz, PhD, RN, NEA-BC, FAAN. “They successfully demonstrate significant clinical and financial outcomes, as well as the sustainability and replicability of their program or intervention. These achievements ensure their ingenuity will continue to benefit providers and patients throughout our health care system.”

The new cohort of *Raise the Voice* Edge Runners recognized at the conference are:

**Carol M. Baldwin, PhD, RN, AHN-BC, FAAN; Cipriana Caudillo Cisneros, MSN, RN; and Luxana Reynaga Ornelas, PhD, RN**  
**Phoenix, Arizona and Leon, Mexico**

*Su Sueño/Su Vida: Los Trastornos del Sueño y la Promoción del Sueño Saludable*  
*(Your Sleep/Your Life: Sleep Disorders and Sleep Health Promotion)*

A bi-national team developed and implemented this sleep health program to support community-based health promotion in urban and rural districts along both sides of the U.S.- Mexico border.

**Linda Beeber, PhD, PMHCNS-BC, FAAN**  
**Chapel Hill, North Carolina**

*Reducing Depressive Symptoms and Enhancing Parenting in Low-Income and Newly-Immigrated Mothers of Infants and Toddlers*

A nurse-delivered intervention that increases maternal self-efficacy through symptom monitoring and control, problem-focused strategies and improved parenting.

**Stella Aguinaga Bialous, PhD, RN, FAAN**

**Linda Sarna, PhD, RN, FAAN**

**Los Angeles and San Francisco, California**

*Tobacco Free Nurses*

This initiative provides tobacco cessation education to practicing nurse clinicians, tobacco control resources for patient care, smoking cessation support and assistance to nurses and nursing students, and methods to enhance nurse leadership and advocacy in promoting a tobacco free society.

**Jill E. Bormann, PhD, RN, FAAN**

**San Diego, California**

*Mantram Repetition Program: Mind-Body-Spiritual Approach to Symptom and Stress Management*

This intervention has proven to be a viable non-pharmacological option for treating populations suffering from symptoms of psychological distress..

**Cheryl Krause-Parello, PhD, RN, FAAN**

**Aurora, Colorado**

*Canines Providing Assistance to Wounded Warriors (C-P.A.W.W.)*

A low-risk, non-invasive, and scientific initiative which focuses on how nurses and other healthcare providers may employ the human-animal bond to provide the best quality care to Veterans, and alleviate symptoms such as depression, social disconnectedness, and suicidal ideation.

**Whitney Nash, PhD, APRN**

**Sara Robertson, DNP, APRN**

**Louisville, Kentucky**

*Kentucky Racing Health Services Center*

A not for profit, nurse-staffed clinic that provides the full spectrum of primary care to low wage migrant workers essential to Kentucky’s thoroughbred horse racing industry and their family members.

**Sarah Szanton, PhD, ANP, FAAN**

**Baltimore, Maryland***Community Aging in Place: Advancing Better Living for Elders (CAPABLE)*

This intervention incorporates nursing, occupational therapy and handyman work to help older adults acquire the skills, strength and necessary home modifications to support their independence.

"Everyone knows that nurses make things happen for the better. Academy Edge Runners are recognized as above and beyond creators of the best solutions that work in real world to improve health," said Eileen Sullivan-Marx, PhD, RN, FAAN, co-chair of the *Raise the Voice* Edge Runner National Advisory Council.

To date, the Academy has recognized 65 Edge Runners who have created 49 nurse-designed, innovative models of care or interventions which are transforming health care delivery for providers and improving health outcomes for patients. Their practical, evidence based solutions bring a new way of thinking to a wide range of health care challenges. Please read about these models of care in more detail here: <http://www.aannet.org/initiatives/edge-runners/profiles>

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**About the American Academy of Nursing**

The American Academy of Nursing ([www.AANnet.org](http://www.AANnet.org)) serves the public and the nursing profession by advancing health policy and practice through the generation, synthesis, and dissemination of nursing knowledge. The Academy's more than 2,500 Fellows are nursing's most accomplished leaders in education, management, practice, and research. They have been recognized for their extraordinary contributions to nursing and health care.

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