

GROUP FITNESS SCHEDULE

SUMMER B: JUNE 24 - AUGUST 2

MON	TUE	WED	THU	FRI
9:00 AM				
	CYCLE STUDIO A ALYSSA		CYCLE STUDIO A ALYSSA	
	KICKBOXING STUDIO C JOE		KICKBOXING STUDIO C JOE	
12:15 PM				
CYCLE STUDIO A ALYSSA	FORCE STUDIO B ALYSSA		FLEX FLOW STUDIO C GABE	
KICKBOXING STUDIO C PAT	FLEX FLOW STUDIO C DAMIEN	KICKBOXING STUDIO C PAT		KICKBOXING STUDIO C PAT
4:00 PM				
KICKBOXING STUDIO C JOE		CYCLE STUDIO A GABE	CYCLE STUDIO A GABE	
		KICKBOXING STUDIO C JOE		
5:15 PM				
ZUMBA STUDIO B CHRISTINA	CYCLE STUDIO A GABE	ZUMBA STUDIO B CHRISTINA	CYCLE STUDIO A TAMERA	
FLEX FLOW STUDIO C GABE	ALL LEVELS YOGA STUDIO B MARY	GENTLE YOGA STUDIO C GABE	BOXING BOOTCAMP STUDIO C KAYLA	
6:30 PM				
CYCLE STUDIO A GABE	CYCLE STUDIO A BRENDA	CYCLE STUDIO A NOAH	ALL LEVELS YOGA STUDIO C TAMERA	
INTENSITY X STUDIO B FATIMA	BOXING BOOTCAMP STUDIO C KAYLA	INTENSITY X STUDIO B FATIMA		



SCAN THE QR CODE TO REGISTER FOR CLASSES



Reasonable accommodation should be requested of the event sponsor: Campus Recreation at 561-297-0591 and campusrec@fau.edu or TTY Relay Station at 1-800-955-8770. Please make your needs known as soon as possible to allow sufficient time for effective accommodations, preferably 5 days before the date of this event.