



Campus Recreation Programs, Services, and Facilities Survey

Sent and available to Recreation and Fitness Center Users

Please indicate the frequency with which you use the Recreation & Fitness Center:

- ☐ 5 or more times per week
- ☐ 3 to 4 times per week
- ☐ 1 to 2 times per week
- ☐ 1 to 2 times per month
- ☐ 1 to 2 times per semester
- ☐ Never

Cardiovascular Equipment

Do you use Cardiovascular Equipment on a weekly basis when you visit the Recreation and Fitness Center?

- ☐ Yes
- ☐ No

On average, how many minutes do you spend using the Cardiovascular Equipment per week?

- ☐ Less than 30 minutes per week
- ☐ 30 to 59 minutes per week
- ☐ 60 to 89 minutes per week
- ☐ 90 minutes or more per week

How satisfied are you with:

	Very dissatisfied	Dissatisfied	Neither satisfied nor dissatisfied	Satisfied	Very satisfied
The ability to use the cardio equipment when you need it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The variety of cardio equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The cleanliness of cardio equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How should the cardio equipment area be improved?

Free Weight Equipment

Do you use the Free Weight Equipment on a weekly basis when you visit the Recreation and Fitness Center?

- ☐ Yes
- ☐ No

On average, how many minutes do you spend using the Free Weight Equipment per week?

- ☐ Less than 30 minutes per week
- ☐ 30 to 59 minutes per week
- ☐ 60 to 89 minutes per week
- ☐ 90 minutes or more per week

How satisfied are you with:

	Very dissatisfied	Dissatisfied	Neither satisfied nor dissatisfied	Satisfied	Very satisfied
The ability to use the free weight equipment when you need it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The variety of free weight equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The cleanliness of free weight equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How should the free weight equipment area be improved?

Selectorized Equipment

Do you use the Selectorized Equipment on a weekly basis when you visit the Recreation and Fitness Center?

- ☐ Yes
- ☐ No

On average, how many minutes do you spend using the Selectorized Equipment per week?

- ☐ Less than 30 minutes per week
- ☐ 30 to 59 minutes per week
- ☐ 60 to 89 minutes per week
- ☐ 90 minutes or more per week

How satisfied are you with:

	Very dissatisfied	Dissatisfied	Neither satisfied nor dissatisfied	Satisfied	Very satisfied
The ability to use the selectorized equipment when you need it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The variety of selectorized equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The cleanliness of selectorized equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

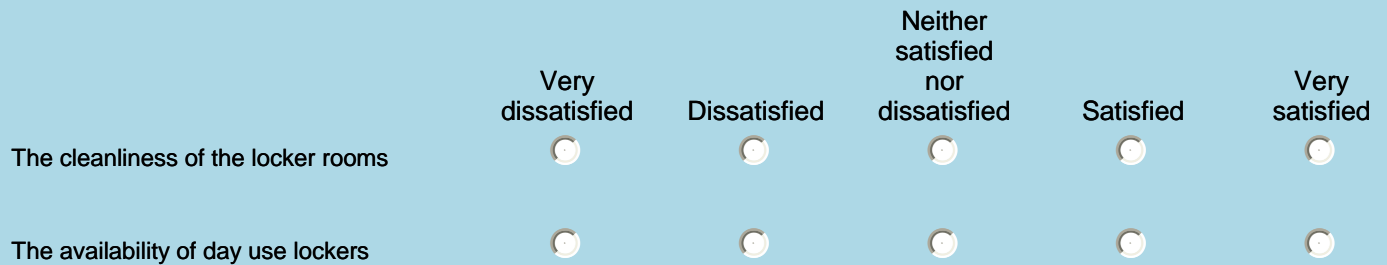
How should we improve the selectorized equipment area?

Locker Rooms

Do you use the Recreation & Fitness Center Locker Rooms on a weekly basis?

- ☐ Yes
- ☐ No

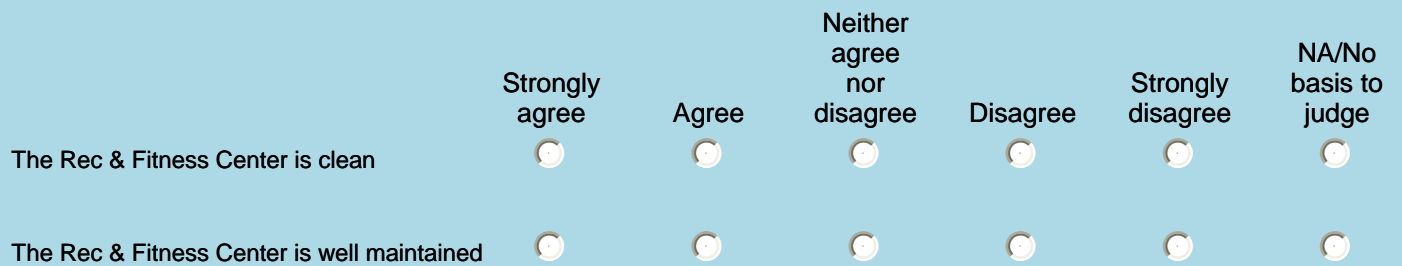
How satisfied are you with:



How should we improve the locker rooms?

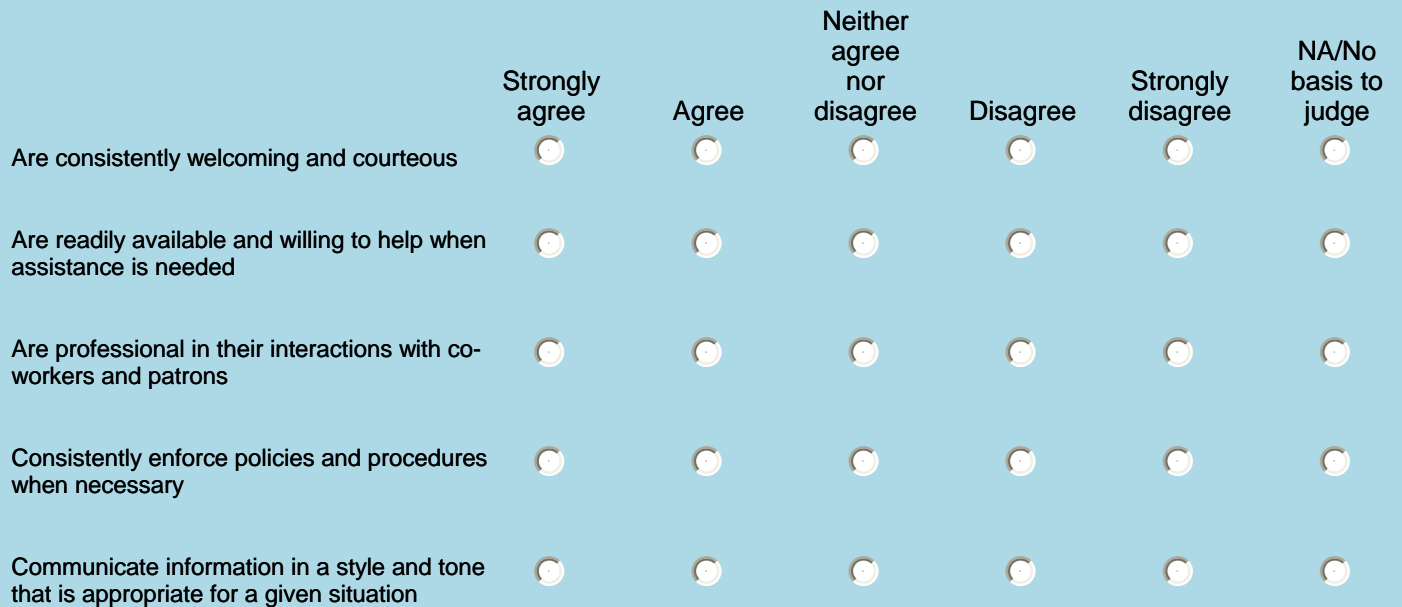
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Recreation and Fitness Center



Student Staff

The student staff members:



Comments on the student staff

OVERALL RATING OF PROGRAMS, SERVICES, & FACILITIES

Overall, I would recommend campus recreation programs, services, and facilities to others:

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ NA, No basis to judge

Potential Future Programs

If an Outdoor Adventure program were started, would you be interested in participating?

- ☐ Yes
- ☐ No

What types of skills/clinics would you be interested in participating in if they were offered? (select all that you would be interested in)

- ☐ Backpacking
- ☐ Canoeing/Kayaking
- ☐ Rock Climbing
- ☐ Horseback Riding
- ☐ Mountain Biking
- ☐ Wilderness First Aid
- ☐ Bike/Car Maintenance
- ☐ Orienteering
- ☐ Leave No Trace Training
- ☐ Geocaching
- ☐ Other

Please
specify

Are there any places you would like the Outdoor Adventure Program to visit?

Instructional programs teach students a new skill or activity in a fun, safe learning environment with experienced instructors. Classes typically last 6 - 8 weeks and require a small fee.

Which of the following instruction programs would you be interested in participating in? (select all that apply)

- ☐ CPR/First Aid
- ☐ Belly dancing
- ☐ Swimming lessons
- ☐ Ballroom dancing
- ☐ Ballet dancing
- ☐ Jazz dancing
- ☐ Salsa dancing
- ☐ Other

Please specify other instructional program of interest

Barriers to Participation

If you have not used the facility as much as you intended to, which of the following were the reasons?

- ☐ I was not aware of facilities, programs, or services offered
- ☐ I do not like to exercise
- ☐ I was injured or disabled
- ☐ I did not have time to make use of facilities, programs, or services offered
- ☐ Child care was not available
- ☐ Lack of parking
- ☐ Facilities do not have the equipment I want/need
- ☐ Facilities are too crowded
- ☐ Lack of privacy
- ☐ I do not know how to use the equipment
- ☐ I use facilities off campus
- ☐ Other

Please specify

What types of recreational facilities are you currently using? (select all that apply)

- ☐ Local health clubs
- ☐ Facilities at your place of employment (non FAU facilities)
- ☐ County or city parks and recreational facilities
- ☐ Home equipment
- ☐ Outdoors (running, biking, etc.)
- ☐ Other, please specify
- ☐ None

**Please specify other facilities
you currently use**

If you have a membership at a local health club or other public facility, what are your monthly dues?

- ☐ Under \$25 per month
- ☐ \$25-\$49 per month
- ☐ \$50-\$74 per month
- ☐ \$75-\$99 per month
- ☐ \$100 or more per month

What changes could we make to campus recreation programs, services and facilities that would increase your likelihood of utilizing on campus offerings?

What is your preferred method of learning about special events, programs, and facilities offered through FAU Campus Recreation?

- ☐ FAU website
- ☐ E-mail updates/listservs
- ☐ Signage through campus
- ☐ Magazines or other brochures
- ☐ Breezeway tables
- ☐ Word of mouth
- ☐ Facebook
- ☐ Other

**Please
specify**

Demographics

What is your primary FAU campus (the campus where you take the majority of your classes)?

- ☐ Boca Raton
- ☐ Dania Beach (Seatech)
- ☐ Davie
- ☐ Fort Lauderdale
- ☐ Harbor Branch
- ☐ Jupiter
- ☐ Treasure Coast (Port St. Lucie)

Gender

- ☐ Male
- ☐ Female

Class level

- ☐ Freshman (first year)
- ☐ Sophomore
- ☐ Junior
- ☐ Senior
- ☐ Graduate student
- ☐ Non-degree seeking

Where do you currently live?

- ☐ On campus
- ☐ Off campus, 1 mile or less from campus
- ☐ Off campus, 2 to 5 miles from campus
- ☐ Off campus, more than 5 miles from campus

Please select your membership status from the list below

- ☐ Part-time student
- ☐ Full-time student
- ☐ Faculty
- ☐ Staff
- ☐ Alumni

Outcomes of Campus Recreation

Please indicate your agreement with the following items

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
Use of campus recreation programs, services and facilities has expanded my interest in staying fit and healthy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Campus recreation programs, services, and facilities contribute to the quality of life at FAU	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My recreational needs are met by the Department of Campus Recreation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participation in recreational activities has provided me with skills and abilities that I will use after college.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Using the scale below, please rate the impact using campus recreation programs, services, and facilities has had on the following abilities and attributes:

Use of campus recreation programs, services, and facilities, has lead to an increase in:

	Definitely	Somewhat	Not at all
Fitness level	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balance/coordination	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical strength	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling of well being	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stress management	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Weight control	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overall health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Very important	Moderately important	Slightly important	Not at all important
How important were recreation, sports, and fitness activities to you BEFORE you enrolled at FAU?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How important will recreation, sports, and fitness activities be to you AFTER YOU LEAVE FAU?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How important was maintaining a healthy lifestyle BEFORE you enrolled at FAU?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How important will it be to you to maintain a healthy lifestyle AFTER YOU LEAVE FAU?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Would you like to be contacted by Campus Recreation staff to discuss specific concerns? (If yes, please be certain to include your e-mail address or phone number below)

- ☐ Yes
☐ No

Win a \$25 gift card to Barnes & Noble!

Two students will be randomly drawn from all who complete the survey to win a gift card.

Please leave your name and contact information (e-mail address/phone number) below to be included in the drawing.

Thank you for using FAU Campus Recreation facilities.

This appraisal is part of our continuing efforts to improve the quality of facilities and services. Your completion of this survey allows us to review important satisfaction issues that impact individual experiences when utilizing our facilities and programs. We appreciate your participation.

Please click the submit button below to complete the survey.