



Item: AS: I-4

**COMMITTEE ON ACADEMIC AND STUDENT AFFAIRS**

**Tuesday, October 20, 2015**

**SUBJECT: STUDENT AFFAIRS UPDATE**

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**PROPOSED COMMITTEE ACTION**

No action is necessary. This item is only informational.

**BACKGROUND INFORMATION**

Dr. Corey King, Vice President for Student Affairs, will provide presentations on the topics of Counseling and Psychological Services and Campus Recreation.

**IMPLEMENTATION PLAN/DATE**

N/A

**FISCAL IMPLICATIONS**

N/A

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**Supporting Documentation:** PowerPoint Presentation

**Presented by:** Dr. Corey King, Vice President of Student Affairs

**Phone:** 561-297-3988

A large, detailed image of a brown and white spotted owl with yellow eyes, perched on a tree branch. The owl is the central focus of the top half of the slide.

# DIVISION OF STUDENT AFFAIRS

We're All About Students!

*Saves*



# Campus Recreation

## Fitness

- Group Fitness participants: **6,794**  
We offer **56** classes per week
- Yoga is the most popular class this Fall with **68%** of the participants
- Personal Training packages sold since July 1: **34**
- Find Your FIT programs:
  - Couch to 5K
  - Ladies Lift
  - Instructional Swimming
  - Instructional Latin Dance

## Recreation and Fitness Center

-Average of **1269** member visits per day in 2014-15

## Outdoor Adventures

*Challenge Course:* **825** participants in **42** programs  
*Climbing Center:* **632** participants in Open Climb  
*Trips this Fall:* **4** trips completed (all full), **5** left this semester  
*Camp Owls:* **75** participants

*Making Waves*



## Competitive Sports

*Intramural Sports:*  
TOTAL participants: 1,727  
(30% are first year students)

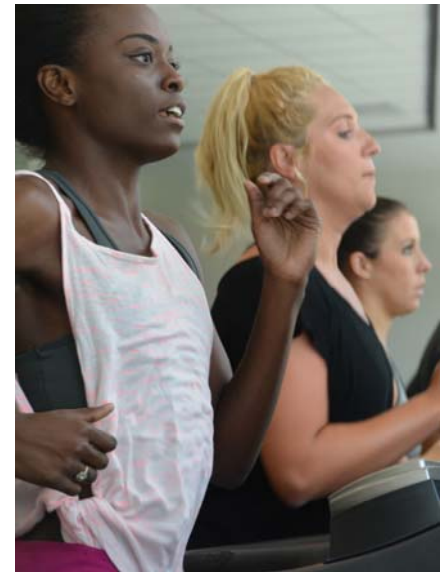
- Flag Football
- Dodgeball
- Golf League
- Indoor Soccer
- Basketball
- Fantasy Sports
- Goalball
- Indoor Soccer
- Volleyball

## Student Employment

Campus Rec employs over 165 students in 20 different positions (i.e. Facility Supervisor, Personal Trainer, Lifeguard, Marketing)

## Active Sport Clubs (21)

- |                              |                             |
|------------------------------|-----------------------------|
| Bass Fishing                 | Kohesion Step team          |
| Climbing Club                | Men's and Women's Lacrosse  |
| Running                      | Paintball (NATIONAL CHAMPS) |
| Shorinji Kempo               | Men's and Women's Rugby     |
| Men's and Women's Soccer     | Water Polo                  |
| Surf Club                    | Equestrian                  |
| Tae Kwon Do                  | Fencing                     |
| Tennis                       | Ice Hockey                  |
| Men's and Women's Volleyball |                             |



*Making Waves*

## Counseling and Psychological Services

### Growth

- Similar to other SUS institutions, CAPS has seen an increase in student visits since the 2008.
- Top reasons for student visits:

anxiety	(55%)
depression	(42%)
academic stress	(32%)
relationship issues	(30%)

### Current Change

- Accredited by the International Association of Counseling Services
- 8% increase in group appointments from 2013-14
- Overall Satisfaction for 2014-15: 93.5% of students indicated that they were satisfied with the services they received at CAPS
- Initiated a multipronged suicide prevention program (live and online)

## Outreach Programs

- Liaison Program with Academic Colleges
- Group Therapy Sessions
- Community Liaison Program (receiving centers)
- Training for Residential Life Staff
- Student Crisis Awareness Training
- Suicide Awareness & Prevention Training

