**Sandra Belzile**

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**Training**

**Doctorate in Practical Philosophy** 2012-…

**Propaedeutic in Philosophy (9 credits)** 2012

Université de Sherbrooke, Sherbrooke

**Master of Psychosocial Practice Study** 2013

Université du Québec à Rimouski, Rimouski

**Diploma of Higher Specialized Studies in Somatic Education (DESS)** 2009

Feldenkrais’ Profile, Université du Québec à Montréal, Montréal

**Teacher’s Certificate in *Bones for Life Program* (Somatic Education)** 2009

Ruthy Alon, New York and Hélène Lévesque, Rimouski

**Teacher and Practitioner Certificate in Feldenkrais (Somatic Education)** 2006

Professional Teacher Training Program, Feldenkrais Institute of New York, New York

**College Degree in Dance-Interpretation** 2002

Specialization : Contemporary Dance**,** L’École de danse de Québec et Cégep de Sainte-Foy, Québec

**Studies in the Bachelor of Old Studies (69/90 credits)** 1999-2002

Université Laval, Québec

**College Degree in Letters et Languages** 1998

Cégep de Sainte-Foy, Québec

**Other Training**

**Workshops in Feldenkrais, Pedagogy, Dance and Creation** 2003-2013

Coopérative de danseurs professionnels *L’Artère*, Québec

Conseil de la culture du Bas-Saint-Laurent, de l’Estrie et de Chaudières-Appalaches

Feldenkrais Institute of New York, New York

Institut Feldenkrais d’éducation somatique, Montréal

L’école de danse de Québec, Québec

Regroupement québécois de la danse, Montréal

Stage en création, Avignon, France

**Language Skills**

**Advanced English**

**Functional Spanish**

**Professional Achievements**

**Animator for an Application of Somaesthetics’ Approach (Cégep de Sherbrooke)** 2014

To an advanced philosophy class in Sciences Letters and Arts’ Program : Presentation of Somaesthetics, Animation of three Feldenkrais Method lessons and Assistance of students to develop an evaluation questionnaire for Somaesthetics’ Approach.

**Research Assistant in Philosophy and Applied Ethics** 2012-…

Université de Sherbrooke : Benoît Castelnérac (Moral Philosophy: Rationality and Irrationality); Claude Gélinas (Field Research and Report Writing : Spirituality and Yoga Pratice); André Duhamel (Ethics and Emotions : Literature search with databases and Refworks)

**Animator and Project Manager** (Research Project for Avenir d’enfants)2011-2012

*Voix des parents* Project, Organisme COSMOSS Rimouski-Neigette

**Trainer and Consultant in Motor Skills Development** (Intervention for Québec en forme) 2010-2012

Organisme COSMOSS Mitis et Rimouski-Neigette (Application of Feldenkrais Method to ten groups of childhood educators in CPE to raise awareness about the importance of motor skills development)

**Teacher’s Assistant** in Master of Psychosocial Practice Study 2011

For Luis Gomez, Professor in Université du Québec à Rimouski, Rimouski

Class : *Thematic Workshop* (workshop animation for definition and research projects’ development)

**Business Creation :** *Studio Système ConScient*, Rivière-du-Loup 2007-2011

Pratice and animation Feldenkrais Method lessons :

Awareness Through Movement (ATM) in group and Functional Integration (FI) in individual to general and more specific clients (i.e. young people in socio-professional reinsertion, nurses, etc.)

**Conferences**

*Invisible in Dance Imagination : Margie Gillis or «* *Thoughts Revealed under the Skin »* 21/03/2014

Research Philosophy Day, Université de Sherbrooke, Sherbrooke

*Promoting Health in Aesthetics : Towards an Application of the Somaesthetics’ Approach* 26/07/2013

International Congress of Aesthetics, Jagiellonski University, Krakow, Poland

*For a New Conceptualization of Body and Health : Somaesthetics’ Philosophy* 29/03/2012

Research Philosophy Day, Université de Sherbrooke, Sherbrooke

*Body and Learning* 03/03/2012

International Conference of Life Stories (ESREA), University of Southern Denmark, Odense

Around twenty conferences in different public domains (education, arts, health, business) 2007-2012

Rivière-du-Loup and New-Brunswick, Canada

*Body and media* 11/03/2010

Conference in Communication, Université du Québec à Montréal, Montréal

**Forthcoming Publication**

*Enjoyoga Studio of Sherbrooke : Study of the Link between Spirituality and Yoga Practice* 2014

Working paper (25 pages), Groupe de Recherche Diversité Urbaine (GRDU), Université de Montréal

**other achievements**

**Dance and Creation Teacher**

Punctual Contracts in Different Dance Teaching Places 2003-2013

(Corpuscule Danse : project with handicaped people from Centre Réadaptation Estrie,

Cégeps, primary and secondary schools, Chantal Caron and Aristodanse Dance Schools)

**Choreographer and Performer**

Punctual Projects in Contemporary Dance Creation and Performance 2002-2011

**Stage Manager**

*Attention Concentration*Project **:** Circus Arts in Primary Schools 2004-2007

**Jury Member**

Conseil des arts et des lettres du Québec (CALQ), Dance, Montréal 2013

Conseil des arts et des lettres du Québec (CALQ), Dance, Montréal 2009

Regional Finals of the « Secondaire en spectacle » Competition, Matane 2009

Conseil de la culture du Bas-Saint-Laurent (CALQ), Visual Arts and Stage Arts, Rimouski 2008

**Grants and Recognition**

**First Winner of Departamental Scholarship in Graduate-Level** 2012

Philosophy and Applied Ethics’ Department, Université de Sherbrooke

**Winner of Youth Personality Award of Chrysalis Awards** 2010

**Winner of Youth Business Award of Chrysalis Awards** 2008

Jeune Chambre de Rivière-du-Loup

**Finalist of Prestiges Gala** 2009

Chambre de commerce de Rivière-du-Loup

**Répertoire Artist of Culture/ Education Ressources** 2006-2008

Ministère de la Culture et des Communications du Québec

**Winner of Grant « Excellence dans les études »** 2002

L’École de danse de Québec et Cégep de Sainte-Foy

**Involvement**

**Member of the Organizing Committee for a Philo-Café (*Women’s Place in Philosophy*)** 03/04/14

In collaboration with Société de philosophie de Sherbrooke

**Vice-President of External Affairs for Graduate-Level** 2012-2013

Student Association inPhilosophy and Applied Ethics, Université de Sherbrooke

**Member** **of Executive Committee** 2008-2011

Réseau des travailleurs autonomes, MRC de Rivière-du-Loup